

Cigna
LS - BUS - 70583
PO Box 3050
Easton PA 18043-3050



January 16, 2018

Re: April 2018 Coverage policy updates

We routinely review our coverage, reimbursement, and administrative policies for potential updates. As a result of a recent review, we want to make you aware that we plan to update two policies to ensure consistency with Centers for Medicare & Medicaid Services (CMS) guidelines, industry standards, evidence-based medicine, or our existing guidelines.

The enclosed chart provides additional details about these updates, including an outline of the changes and the effective date for each update.

Additional information

For more information about these updates, please visit the Cigna for Health Care Professionals website at CignaforHCP.com (Resources > Reimbursement Policies and Payment Policies > Coverage Policy Updates).

If you are not a registered user, please register so you may log in and access all of our coverage, reimbursement, and administrative policies. Go to CignaforHCP.com and click "Register Now." If you do not have Internet access or would like additional information, please call Cigna Customer Service at 1.800.88Cigna (882.4462).

Sincerely,

JB Kessel MD

Julie B. Kessel, MD
Senior Medical Director

Enclosure



Coverage policy updates
Effective April 15, 2018

Policy name	Specialty types affected	Description of service	Update and effective date
Obstructive Sleep Apnea Treatment Services (0158)	<ul style="list-style-type: none"> • Dentists • Oral surgeons 	<p>Obstructive sleep apnea (OSA) is a medical condition that causes the airway to collapse and results in shallow breathing or breathing pauses. An oral appliance pulls the lower jaw forward, creating an opening in the airway.</p> <p>We currently reimburse claims billed with Healthcare Common Procedure Coding System (HCPCS) codes E0485 and E0486 whether or not the diagnosis is OSA, and whether or not there is evidence of a sleep study.</p> <p>Oral appliances are considered medically necessary only if the diagnosis is OSA.</p>	<p>We will update our coverage policy and only reimburse claims billed with E0485 or E0486 for OSA following a sleep study.</p> <p>Claims submitted with any diagnosis other than OSA will be denied.</p> <p>This update is effective for dates of service on or after April 15, 2018.</p>
Pharmacy and Infusion Services (R14)	<ul style="list-style-type: none"> • Ancillaries • Associations • Facilities • Professionals 	<p>A heparin lock flush is used to keep intravenous (IV) catheters open and flowing.</p> <p>We currently reimburse claims billed with HCPCS code J1642 separately when used in conjunction with other pharmacy and infusion services.</p> <p>A heparin lock flush is not separately reimbursable under our policy.</p> <p>Note: This code is <i>not</i> for heparin when used as an anticoagulant.</p>	<p>We will deny claims billed with HCPCS code J1642 for a heparin lock flush as not separately reimbursable.</p> <p>This update is effective for claims processed on or after April 15, 2018.</p>