



NOVEMBER 15, 2019

Re: Administrative, reimbursement, and medical coverage policy updates effective Q1 2020

We routinely review our coverage, reimbursement, and administrative policies for potential updates. In that review, we take into consideration one or more of the following: evidence-based medicine, professional society recommendations, Centers for Medicare & Medicaid Services (CMS) guidance, industry standards, and our other existing policies.

As a result of a recent review, we will make the following changes:

Allergy Testing and Non-Pharmacologic Treatment

Effective for dates of service beginning February 17, 2020, we will limit coverage for allergy testing in a 12-month rolling period for claims billed with the following Current Procedural Terminology (CPT®) codes:

- 86003 - 80 units
- 95004 - 80 units
- 95024 - 40 units

The current medical coverage policy, Allergy Testing and Non-Pharmacologic Treatment (0070), will be updated to reflect this change.

Note: Only the line item for the CPT codes listed above will be affected.

Anesthesia Services for Interventional Pain Management Procedures (Adults)

Effective for dates of service beginning February 17, 2020, we will implement a new medical coverage policy, Anesthesia Services for Interventional Pain Management Procedures in an Adult (0551), to only allow sedation coverage for certain diagnoses specified in the policy, for interventional pain management services.

Note: This policy only applies to customers age 18 years and older.

Care Integration Services

We will implement a new reimbursement policy, Care Integration Services (R32), to deny codes for care integration as included in the reimbursement for the overall care of the customer. The policy is effective for claims processed on or after February 17, 2020.

At a glance

We will make the following changes effective Q1 2020:

- Limit coverage for allergy testing in a 12-month rolling period for claims billed with certain Current Procedural Terminology (CPT) codes.
- Only allow sedation coverage for certain diagnoses specified in the policy for interventional pain management services procedures (18 years and older).
- Deny codes for care integration as included in the reimbursement for the overall care of the customer.
- Require documentation to review the appropriate use of billing for evaluation and management (E&M) services when billed with codes for a joint injection.
- Deny charges for incontinence supplies when billed with Healthcare Common Procedure Coding System (HCPCS) codes that begin with T or A as not being a covered medical benefit.

For additional information, refer to the Cigna for Health Care Professionals website (CignaforHCP.com), or call Cigna Customer Service at 1.800.88Cigna (882.4462).

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Evaluation and Management and Joint Injection codes

Effective for claims processed on or after February 17, 2020, we will require documentation to review the appropriate use of billing for evaluation and management (E&M) services when billed with codes for a joint injection or aspiration. Reimbursement for the E&M codes may be denied. We will update the Evaluation and Management Services (R30) reimbursement policy.

Note: Only the line item for the E&M code(s) would be denied.

Incontinence supplies

To ensure consistent claims processing, we will deny charges for all incontinence supplies when billed with Healthcare Common Procedure Coding System (HCPCS) codes that begin with "T" or "A" as not reimbursable. Incontinence supplies are used to meet daily needs and are not considered a covered medical benefit.

This is effective for claims processed on or after January 1, 2020. No coverage or reimbursement policies are affected by this change.

Additional information

For more information about our policies, please visit the Cigna for Health Care Professionals website at CignaforHCP.com (Resources > Coverage Policies > Policy Updates).

If you are not a registered user, please register so you may log in and access all of our coverage, reimbursement, and administrative policies. Go to CignaforHCP.com and click "Register Now." If you do not have Internet access or would like additional information, please call Cigna Customer Service at 1.800.88Cigna (882.4462).

Thank you for the care you provide our customers.

Sincerely,



Julie B. Kessel, MD
Medical Senior Director