



January 28, 2020

Re: Medical coverage policy update: Serum drug level testing for inflammatory bowel disease effective April 15, 2020

We routinely review our coverage, reimbursement, and administrative policies for potential updates. In that review, we take into consideration one or more of the following: evidence-based medicine, professional society recommendations, Centers for Medicare & Medicaid Services (CMS) guidance, industry standards, and our other existing policies.

As a result of a recent review, we will deny Current Procedural Terminology (CPT®) codes for serum drug level testing when billed with an inflammatory bowel disease (IBD) diagnosis. Serum drug level testing for IBD is considered experimental, investigational, and unproven (EIU).

This update is effective for claims processed on or after April 15, 2020. We will update the medical coverage policy for Serological Testing for Inflammatory Bowel Disease (0121) to reflect this change.

Additional information

For more information about our policies, please visit the Cigna for Health Care Professionals website at CignaforHCP.com (Resources > Coverage Policies > Policy Updates).

If you are not a registered user, please register so you may log in and access all of our coverage, reimbursement, and administrative policies. Go to CignaforHCP.com and click "Register Now." If you do not have Internet access or would like additional information, please call Cigna Customer Service at 1.800.88Cigna (882.4462).

Thank you for the care you provide our customers.

Sincerely,

A handwritten signature in black ink that reads "JB Kessel MD".

Julie B. Kessel, MD

At a glance

- Effective for claims processed on or after April 15, 2020, we will deny Current Procedural Terminology (CPT®) codes for serum drug level testing when billed with an inflammatory bowel disease (IBD) diagnosis.
- Serum drug level testing for IBD is considered experimental, investigational, and unproven (EIU).
- For additional information, refer to the Cigna for Health Care Professionals website (CignaforHCP.com), or call Cigna Customer Service at 1.800.88Cigna (882.4462).

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