



March 16, 2020

**Re: Reimbursement and medical coverage policy updates effective Q2 2020**

We routinely review our coverage, reimbursement, and administrative policies for potential updates. In that review, we take into consideration one or more of the following: evidence-based medicine, professional society recommendations, Centers for Medicare & Medicaid Services (CMS) guidance, industry standards, and our other existing policies.

As a result of a recent review, we will make the following changes:

**Care Integration Services**

We will update our reimbursement policy, Care Integration Services (R32), to deny prolonged services as being not separately reimbursable when billed alone or with other services. Prolonged services are considered to be included with the overall care of the customer.

The affected Current Procedural Terminology (CPT®) codes are 99358 and 99359. This update is effective for claims processed on or after June 15, 2020.

**Transthoracic Echocardiography in Adults**

We will limit coverage for transthoracic echocardiograms in adults to twice per a rolling 12-month period for certain diagnoses. The frequency limit is based on medical necessity.

This update is effective for dates of services beginning June 15, 2020. The affected procedure and diagnostic codes, as well as those that are excluded, are listed in the medical coverage policy for Transthoracic Echocardiography in Adults (0510).

**Additional information**

For more information about our policies, please visit the Cigna for Health Care Professionals website at [CignaforHCP.com](http://CignaforHCP.com) (Resources > Coverage Policies > Policy Updates).

If you are not a registered user, please register so you may log in and access all of our coverage, reimbursement, and administrative policies. Go to [CignaforHCP.com](http://CignaforHCP.com) and click "Register Now." If you do not have Internet access or would like additional information, please call Cigna Customer Service at 1.800.88Cigna (882.4462).

Thank you for the care you provide our customers.

**At a glance**

We will make the following changes effective Q2 2020:

- We will deny prolonged services as being not separately reimbursable when billed alone or with other services. Prolonged services are considered to be included with the overall care of the customer.
- We will limit coverage for transthoracic echocardiograms in adults to twice per a rolling 12-month period for certain diagnoses based on medical necessity.

For additional information, refer to the Cigna for Health Care Professionals website ([CignaforHCP.com](http://CignaforHCP.com)), or call Cigna Customer Service at 1.800.88Cigna (882.4462).

999030200401

Sincerely,

*JB Kessel MD*

Julie B. Kessel, MD  
National Medical Director  
Coverage Policy