

April 1, 2021

Re: Therapeutic continuous glucose monitors coverage change effective July 1, 2021

Effective July 1, 2021, we will change how we cover therapeutic continuous glucose monitors* (CGMs) for patients who have both Cigna medical and pharmacy coverage. For these patients, we will cover all components of therapeutic CGMs under the pharmacy benefit and may no longer cover therapeutic CGMs filled through a durable medical equipment or medical supply vendor under the medical benefit.

What this means to you

You should send prescriptions for your patients with Cigna medical and pharmacy coverage who also use a therapeutic CGM to a participating retail pharmacy or to Express Scripts® Pharmacy, our home delivery pharmacy, before their medical orders expire on July 1, 2021. Doing so will ensure your patients experience no disruption.

New CGM prescriptions

For patients with new therapeutic CGM needs, we recommend first checking for Cigna pharmacy coverage by submitting a prescription to their preferred pharmacies. Patients who are new to therapy will be subject to both prior authorization and quantity limits.

If you have any questions, please call Cigna Customer Service at 800.88Cigna (882.4462).

Thank you for the care you provide our customers.

Sincerely,

Mars Fried

Young Fried, PharmD, MSP Chief Pharmacy Officer

* This change applies to Dexcom G6 and Abbott FreeStyle Libre therapeutic CGMs. There is no change in coverage for nontherapeutic CGMs. Certain CGMs are approved by the U.S. Food and Drug Administration with a product classification known as "therapeutic." This classification means the device is indicated for use as a nonadjunctive device that replaces information obtained by a standard home blood glucose monitoring system.

At a glance

- As of July 1, 2021, therapeutic continuous glucose monitors* (CGMs) will be covered under the pharmacy benefit for patients who have both Cigna medical and pharmacy coverage.
- You should send prescriptions for your patients to a participating retail pharmacy or to Express Scripts[®] Pharmacy, our home delivery pharmacy
- For patients with new therapeutic CGM needs, check to see if they have Cigna pharmacy coverage by submitting a prescription first.
- For questions, call Cigna Customer Service at 800.88Cigna (882.4462).

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