

# Medical coverage and reimbursement policy updates – Physical therapy, occupational therapy and chiropractic services effective October 15, 2022

For Health Care Providers  
July 2022

Dear Provider,

We routinely review our coverage, reimbursement, and administrative policies for potential updates. In that review, we take into consideration one or more of the following: evidence-based medicine, professional society recommendations, Centers for Medicare & Medicaid Services guidance, industry standards, and our other existing policies.

As a result of a recent review, we want to make you aware that we will make the following updates:

## **Physical therapy, occupational therapy, and chiropractic claims for greater than four units (60 minutes) of timed service**

The portion of a physical therapy (PT), occupational therapy (OT), or chiropractic claim that is greater than four units (60 minutes) of timed, short-term rehabilitation services per patient, per day, per provider will be denied as being not medically necessary.

We will update the Omnibus Codes (0504) medical coverage policy to reflect this change. This update is effective for dates of service on or after October 15, 2022.

## **Modifiers CO and CQ reimbursement reduction for physical or occupational therapy assistant services**

Reimbursement for claims submitted with modifiers CO and CQ for services provided by a physical therapy (PT) or occupational therapy (OT) assistant will be reduced by 15 percent. This update more closely aligns with industry standards, including the CMS National Physician Fee Schedule, which reimburses these services at 85 percent.

We will update the Health Care Common Procedure Coding System (HCPCS) National Level II Modifiers reimbursement policy to reflect this change. This update is effective for dates of service on or after October 15, 2022.

## **Additional information**

For more information about our reimbursement policies, log in to the Cigna for Health Care Professionals website ([CignaforHCP.com](https://CignaforHCP.com) > Resources > Reimbursement and Payment Policies > Reimbursement and Modifier Policies > Reimbursement Policies).

To register, go to [CignaforHCP.com](https://CignaforHCP.com) > Register. If you would like additional information, please call Cigna Customer Service at **800.88Cigna (882.4462)**.

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